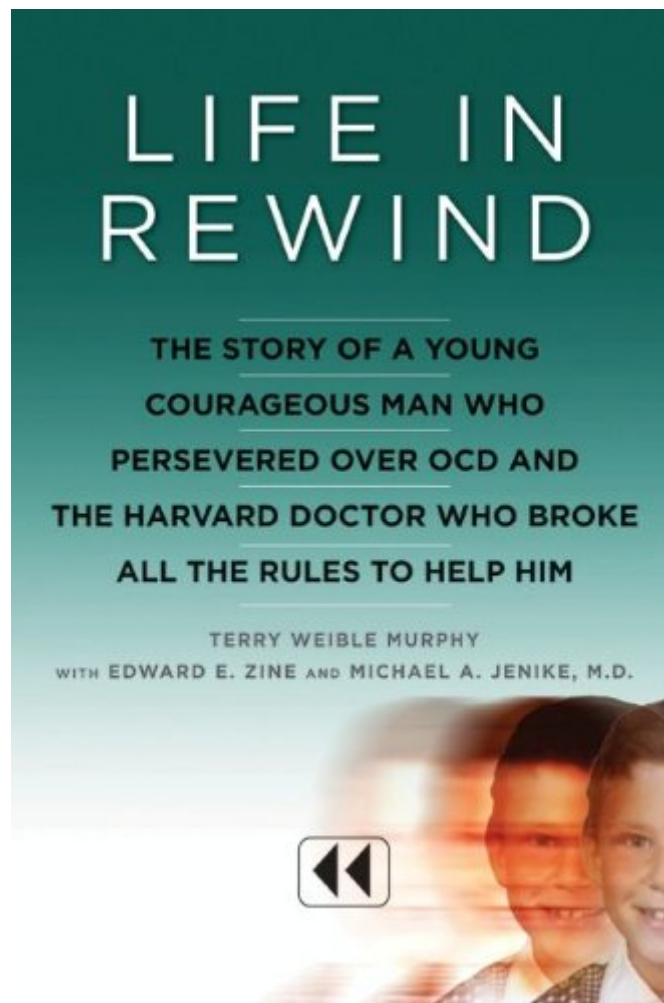


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# Life In Rewind: The Story Of A Young Courageous Man Who Persevered Over OCD And The Harvard Doctor Who Broke All The Rules To Help Him



## Synopsis

“A surprising tale of success by medical science confronted with a nearly insurmountable disorder. Well-rounded, powerful, and inspirational.” —Kirkus Reviews “In the vein of *Manic and Girl, Interrupted*, and the popular stories of Oliver Sacks, *Life in Rewind* is the captivating true story of promising young athlete Ed Zine’s sudden descent into severe mental illness, and the brilliant Harvard doctor, Michael A. Jenike, who broke through the boundaries of traditional medicine to save him. Written by Terry Weible Murphy with Zine and Jenike, *Life in Rewind* provides a shocking picture of severe Obsessive Compulsive Disorder and the surprising and unorthodox lengths to which a doctor goes to help his patient. The *Washington Times* calls this, “[An] extraordinary story. It is that and much more.

## Book Information

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## Customer Reviews

When my copy of "Life in Rewind" came in the mail this week I couldn't put it down. I could have read the entire book the first day, but I had to space it out over three days because it was so incredibly emotional for me. This is about an EXTRAORDINARILY severe case of OCD and what it

can do to someone. It is a heart wrenching and remarkable story about ED Zine and his enormous struggle and courage to overcome his OCD. It is also an extraordinary story about the most Extraordinary doctor and human being I have ever known, Dr. Michael Jenike. It is an incredible story of hope, determination and inspiration. Reading this book will help people gain great insight into this torturous illness and just what it can do to those of us with OCD as well as our families and those who love us. It's about trust, both in being someone others can trust, as well as what an incredible gift it is to have someone you can trust. Both the book and OCD is about how having the courage to trust can change your life for the better. It is also a touching story about the value of friendship. This book reminds us of the difference one person can make in someone's life and it will restore your faith in mankind. My heart aches for those who continue to suffer in silence with OCD. Thank you Terry Murphy for caring and writing this book SO well and to Ed and Dr. J for sharing your very personal stories with all of us. This book touched the deepest, most intimate core of my heart. No doubt, this should and will be made into a movie.

This book is a must read for friends and family of anybody who suffers from OCD. It will give the insight required to understand the illogical power of this ailment upon the sufferer. It will bring you to view their behaviour in a whole new light so you can help your loved one conquer this disabling disease. I truly appreciate being able to share his experiences and recovery.

This story about a young man, Ed Zine, whose life spiraled into a mental illness so profound he actually believed he could stop the progression of time by living his life in reverse - including walking, talking, and reading, is one of the most heart warming stories I have ever read. The progression of his life and the Harvard doctor who worked with him by breaking the rules of traditional medicine and offering all he has left to give - his friendship-- is astounding. This friendship becomes the unexpected catalyst for healing and produces an ending that only Hollywood could invent. But the story is true. I totally recommend this book.

Reading this book was not a pleasurable experience. Ed's daily life while he was in the worst of his OCD manifestation was so godawful I had a really hard time wrapping my brain around his experience. The thought processes - the OCD loop - is so foreign to me, it was a struggle to take in that this was a reality for someone. I'm glad I read the book; I think I do have a deeper understanding of the worst that OCD can bring to bear on a human being. I'm perplexed about Michael's ("the Harvard doctor's") prominence in the title. Although he evidently has a reputation for

"breaking the rules," Ms. Murphy didn't offer much evidence to support his co-star role. Ms. Murphy also seemed to make some sort of important distinction between the "crazies" on the psych unit and Michael's OCD. My impression was that Ms. Murphy believed Those Other People were crazy whereas Michael was simply a misunderstood prisoner of OCD, and was otherwise OK. This attitude, if my understanding is correct, is unhelpful. Ms. Murphy was, I thought, rather unkind toward Ed's family. At best, she allowed as how they were well-intended, but uneducated. At worst, they sent Ed off into his OCD death spiral. I especially found this concerning when she described the scene in which Ed was committed to the psych unit. A pretty large dollop of blame for Ed's family despite the appalling (and I mean APPALLING) conditions in which Ed was living. Ms. Murphy makes no mention of how Ed survived financially, but his family had apparently given over to him an entire house and he was unemployed. They took food to him every day. They must have maintained the yard. Paid the utilities. With the possible exception of disability payments, they must have completely supported Ed financially. His siblings were also prisoners of his OCD, every single day. Bottom line: I'm glad I read the book; I learned from it.

As a mother of a child with severe OCD, who battles every day of his life, he will never "get over it". NO ONE knows the pain, heartache and simple hell this disorder can do to people. Life in Rewind was totally medicinal for me. Knowing we are not alone in this affliction, and that you can grow up to be a productive, kind, intelligent human being was more than a gift for me. What a fabulous read, and truly uplifting story. We got to personally meet Ed at a book signing. A life change for my son, who met the most loving, kind gentle man who possesses more good than any one I know. My son now knows he does not stand alone in this living hell!.....A must read!!!

This is a very important book for all those who suffer from mental illness and their family members. I learned a lot. It was also quite uplifting. After all, miracles are possible in the dark world of mental illness!!!! It brought me to tears and to a sense of awe!!!

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